



How to reach us

Visit – **1900 N. Providence Rd. Ste 210, Columbia, MO** (*Located in Kelly Plaza – Use street level entrance – Next to elevator*)

Hours – **Mon-Thurs 11 a.m. – 2 p.m.**

Call – **(573) 256-1799**

Online – **www.columbiacwm.org**
(*You can contact us through the website.*)

Email – **colcwm@mchsi.com**

Columbia Center for Women's Ministries
1900 N. Providence Rd. Ste. 210
Columbia, MO 65202



Basic Peer Counselor Training

Are you a Christian woman with a heart for helping other women?



The Columbia Center for Women's Ministries is offering training on individual peer counseling techniques with a spiritual basis.

Classes start in January and will be held on Mondays (Jan 24, 31, Feb 7, 14, 21, 28, Mar 7, 14) from 6:30 to 9:00 p.m.

The Columbia CWM is affiliated with:
The International Center for Women's Ministries
Reova Meredith, Executive Director
1531 South Rogers St.
Bloomington, IN 47403
Phone: (812) 333-1555
Email: inatlcwm@centerforwomensministries.org
Web site: centerforwomensministries.org

The Columbia CWM is recognized as a 501(c)3 non-profit organization and your donations are tax-exempt.

List of Classes

Counseling Techniques
Confidentiality
Personality Temperaments
Communication I - Elements
Communication II - Listening
Group Facilitating
Setting Personal Boundaries
Distorted Images of God
The Healing Process I - Intro
The Healing Process II - Stages
Core Issues of the Healing Process
Understanding Codependency
Challenge to Personal Accountability
Applications Workshop

Attendance

You must attend all classes in order to complete certification.

If you miss a class we will work with you to schedule a make-up session.

Course Material

A complete workbook will be provided to you at the beginning of the course. This will enable you to read through the material prior to each class. We ask \$10 to cover the cost of printing the workbook.

About The Center

The Columbia CWM is a chapter of the International Center for Women's Ministries, which is headquartered in Bloomington, Indiana. Reova Meredith founded the first center in 1989 and continues to serve as the executive director for this non-profit ministry. In the last twenty years, additional Centers have opened in the U.S. and several other countries. The Columbia CWM has been open since 2004.

The Center for Women's Ministries, Inc. grew from the spirit-led conviction that although there are many social service agencies available, the element lacking is a spiritual emphasis. We are a non-denominational ministry for women. Our mission is to create an environment where non-judgmental listening, sharing, encouragement, and prayer support can take place. Our volunteer counselors guide hurting women toward God's abundant love and wholeness.

In addition to individual counseling, we offer support groups, special training events, book studies, and a lending library.

Statement of Faith

We believe that in our brokenness we can come to know the love of God through Jesus. Because He lives, we can experience emotional and spiritual healing.

What You Can Expect To Learn

- How to listen without judging
- How to identify the **CORE** problem – what's really going on
- How to understand different communication styles
- How to set and enforce boundaries and why they are important
- How to **REACH** – you don't have to preach
- How to better understand yourself and others

How To Register

Call or email the Center to let us know that you are interested in taking the training.

Fill out a Confidential Interview for Volunteers form, which can be picked up at the Center during business hours.

There is no fee for the course, however we do ask \$10 to cover the cost of course material.